# A Fruitful Clean-Up of Littered Beach in Phuket

*9th December 2019, Phuket* - A Kata Beach clean-up, aptly named "Wellness for Ocean", was organised by Kata Rocks, the International SeaKeepers Society Asia and the Oceans For All Foundation on 7th December.

The day started with an early-morning yoga session at the luxurious Kata Rocks Phuket hotel, overlooking the breath-taking views of the Andaman Sea, and conducted by Jack Farras, instructor and owner of Yoga Republic in Phuket, for volunteers from Kata Rocks, SeaKeepers International Society, Asia and Oceans for All Foundation.

This was followed by an insightful beach clean-up briefing by the co-founder of Oceans for All Foundation, David Martin, who shared his expertise and passion on doing our part in clearing the beach of plastic wastes and other non-biodegradable trash, such as cigarette butts, bottles, cans and styrofoam and making a positive impact on our oceans.

Armed with gloves and eco-friendly trash bags and an unwavering spirit, the group of 20-odd volunteers went on to collect waste on Kata Beach, which is inundated by tens of thousands of tourists each season.

The small but highly efficient team returned around noon to sort through the trash for recycling or incineration.

This initiative was one of the many programmes leading up to the KRSR 2019 Charity Gala Soiree by the Sea, held on the 14th December, to raise awareness and funds for the International SeaKeepers Society Asia and Phuket based Oceans for All Foundation.

It was, indeed, a fruitful day and a successful event!

Expedition Gallery

For more information, please contact:

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*An invigorating Yoga session to start off the day*

*Enthusiastic beach clean-up volunteers raring to go*

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*David Martin, giving an insightful briefing of the various trash that can be found on the beach*

*A member of the International SeaKeepers Society Asia doing his part*

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*Volunteers of "Wellness for Ocean" in action*

*Members of the International SeaKeepers Society Asia sorting the trash*